













# Elementary School Breakfast Menu

March 2025

"Healthy Food RULE like a KING!!" - Robbie C. 4th Grade @ St. Peter the Apostle

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| <p><b>3</b></p> <p><b>369</b> Trix Mini French Toast </p> <p>OR</p> <p><b>321</b> Banana Muffin</p> <p><b>654</b> Raspberry Lemonade Craisins</p> <p><b>748</b> Grape Juice</p> <p>Pre-K: <b>345</b> Honey Scooters</p> <p><b>385</b> Trix BK Kit</p>                   | <p><b>4</b></p> <p><b>325</b> Cinnamon Chex Cup </p> <p>OR</p> <p><b>239</b> Chicken Sausage &amp; Cheese Waffle Sandwich</p> <p><b>753</b> Orange Juice </p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>335</b> Banana Muffin</p> <p><b>385</b> Trix BK Kit</p> | <p><b>5</b></p> <p><b>316</b> Maple Mini Pancakes </p> <p>OR</p> <p><b>136</b> Vanilla Yogurt &amp; <small>Ash Wednesday</small></p> <p><b>337</b> Raspberry Churro</p> <p><b>749</b> Apple Cherry Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>369</b> Trix Mini French Toast</p> <p><b>385</b> Trix BK Kit</p>                    | <p><b>6</b></p> <p><b>322</b> Blueberry Muffin</p> <p>OR</p> <p><b>306</b> Apple Baked Frudel</p> <p><b>748</b> Grape Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>339</b> Orange Cranberry Muffin</p> <p><b>385</b> Trix BK Kit </p>  | <p><b>7</b></p> <p><b>352</b> Cocoa Puff Bar</p> <p>OR</p> <p><b>366</b> Blueberry Bagel</p> <p><b>750</b> Apple Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>368</b> Wheat Bagel</p> <p><b>385</b> Trix BK Kit </p> |
| <p><b>10</b></p> <p><b>312</b> Fruit Loops Pouch</p> <p>OR</p> <p><b>315</b> Apple Cinnamon Texas Toast</p> <p><b>748</b> Grape Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>344</b> Blueberry Chex</p> <p><b>382</b> Cinnamon Toast Crunch Bar BK Kit</p>   | <p><b>11</b></p> <p><b>328</b> Chocolate Chip Muffin</p> <p>OR</p> <p><b>367</b> Cinnamon Raisin Bagel</p> <p><b>749</b> Apple Cherry Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>327</b> Maple Mini Waffles</p> <p><b>382</b> Cinnamon Toast Crunch Bar BK Kit</p>   | <p><b>12</b></p> <p><b>307</b> Cherry Frudel</p> <p>OR</p> <p><b>329</b> Honey Cheerios Cup</p> <p><b>750</b> Apple Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>331</b> Corn Muffin</p> <p><b>382</b> Cinnamon Toast Crunch Bar BK Kit </p> <p><small>Registered Dietician Nutritionist Day</small></p>                           | <p><b>13</b></p> <p><b>317</b> Confetti Mini Pancakes</p> <p>OR</p> <p><b>138</b> Blueberry Yogurt &amp; <b>922</b> Cinnamon Granola</p> <p><b>753</b> Orange Juice</p> <p><b>659</b> Watermelon Craisins</p> <p>Pre-K: <b>345</b> Honey Scooters</p> <p><b>382</b> Cinnamon Toast Crunch Bar BK Kit </p> <p><small>International School Meals Day</small></p> | <p><b>14</b></p> <p><b>320</b> Corn Muffin</p> <p>OR</p> <p><b>364</b> Mini Cinni Pull-a-part</p> <p><b>752</b> Fruit Punch Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>332</b> Apple Cinnamon Muffin</p> <p><b>382</b> Cinnamon Toast Crunch Bar BK Kit</p>   |
| <p><b>17</b></p> <p><b>365</b> Mini Cinni Caramel Pull-a-part</p> <p>OR</p> <p><b>324</b> Cocoa Puffs Cup </p> <p><b>750</b> Apple Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>341</b> Honey Bunches of Oats Crunch</p> <p><b>387</b> Froot Loops BK Kit</p> | <p><b>18</b></p> <p><b>320</b> Corn Muffin</p> <p>OR</p> <p><b>214</b> Stuffed Snack'n Waffle-chk Saus &amp; Cheese</p> <p><b>749</b> Apple Cherry Juice</p> <p><b>697</b> Sliced Apples</p> <p>Pre-K: <b>330</b> Blueberry Muffin</p> <p><b>387</b> Froot Loops BK Kit</p>  | <p><b>19</b></p> <p><b>369</b> Trix Mini French Toast <small>Let's Laugh Day</small> </p> <p>OR</p> <p><b>315</b> Apple Cinnamon Texas Toast (Heat)</p> <p><b>752</b> Fruit Punch Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>369</b> Trix Mini French Toast</p> <p><b>387</b> Froot Loops BK Kit</p>                            | <p><b>20</b></p> <p><b>329</b> Honey Cheerios Cup</p> <p>OR</p> <p><b>134</b> Cherry Vanilla Yogurt &amp; <b>336</b> Apple Churro</p> <p><b>753</b> Orange Juice</p> <p><b>689</b> Strawberry Applesauce</p> <p>Pre-K: <b>346</b> Cinnamon Toast Crunch</p> <p><b>387</b> Froot Loops BK Kit</p> <p><small>World Down Syndrome Day</small> </p>                | <p><b>21</b></p> <p><b>367</b> Cinnamon Raisin Bagel</p> <p>OR</p> <p><b>321</b> Banana Muffin</p> <p><b>748</b> Grape Juice</p> <p><b>659</b> Watermelon Craisins</p> <p>Pre-K: <b>335</b> Banana Muffin</p> <p><b>387</b> Froot Loops BK Kit</p>  |
| <p><b>24</b></p> <p><b>366</b> Blueberry Bagel</p> <p>OR</p> <p><b>334</b> Cinnamon Toast Crunch Cup</p> <p><b>748</b> Grape Juice</p> <p><b>689</b> Strawberry Applesauce</p> <p>Pre-K: <b>327</b> Maple Mini Waffles</p> <p><b>381</b> Chocolate Cherry Granola BK Kit</p>   | <p><b>25</b></p> <p><b>316</b> Maple Mini Pancakes</p> <p>OR</p> <p><b>364</b> Mini Cinni Pull-a-part</p> <p><b>749</b> Apple Cherry Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>345</b> Honey Scooters</p> <p><b>381</b> Chocolate Cherry Granola BK Kit</p>   | <p><b>26</b></p> <p><b>319</b> Orange Cranberry Muffin <small>National Spinach Day</small> </p> <p>OR</p> <p><b>370</b> Cinnamon Toast Mini French Toast</p> <p><b>750</b> Apple Juice</p> <p><b>654</b> Raspberry Lemonade Craisins</p> <p>Pre-K: <b>332</b> Apple Cinnamon Muffin</p> <p><b>381</b> Chocolate Cherry Granola BK Kit</p> | <p><b>27</b></p> <p><b>325</b> Cinnamon Chex Cup</p> <p>OR</p> <p><b>262</b> Turkey Sausage Breakfast Pizza Bagel</p> <p><b>752</b> Fruit Punch Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>343</b> Rice Chex</p> <p><b>381</b> Chocolate Cherry Granola BK Kit</p>  | <p><b>28</b></p> <p><b>318</b> Cinnamon Mini Waffles</p> <p>OR</p> <p><b>322</b> Blueberry Muffin</p> <p><b>753</b> Orange Juice</p> <p><b>670</b> Fresh Fruit</p> <p>Pre-K: <b>332</b> Apple Cinnamon Muffin</p> <p><b>381</b> Chocolate Cherry Granola BK Kit</p>   |

V= Vegetarian Options

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

